

2023 Polar League Conference

May 17th - McGregor

Girls

1. Two Harbors	171.5
2. Esko	143
3. Moose Lake/Willow River	99
4. Mcgregor	56.5
5. Carlton-Wrenshall	56
6. Silver Bay	40
7. South Ridge	35
8. Cromwell-Wright	34
9. Barnum	33
10. Cook County	9

Boys

1. Esko	168
2. Moose Lake/Willow River	120
3. Two Harbors	99
4. Cromwell-Wright	91
5. Barnum	89
6. Carlton-Wrenshall	50
7. Cook County	28
8. South Ridge	25
9. Mcgregor	21
10. Silver Bay	7

Varsity Boys 100 Meters Finals

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Athlete	Yr	Team	Mark
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1	Tate Nelson	10	Two Harbors	11.32
2	Ryan Christiansen	12	Cook County	12.07
3	Kaden Robbins	11	Moose Lake/Willow River	12.12
4	Gavin Reynolds	10	Barnum	12.20
5	Jace Stewart	11	Esko	12.28
6	Jaxsyn Schmidt	11	Moose Lake/Willow River	12.40
7	Javontae Gregory	12	Esko	12.42
8	Jackson Thompson	12	Moose Lake/Willow River	12.52
9	Tommy DeChantal	9	Two Harbors	12.58
10	Gino Bertogliat	11	Esko	12.67
11	MaCoy Fairbanks	8	Cook County	12.74
12	Ben Rex	12	Cook County	12.83
13	Myles Pearson	9	Carlton-Wrenshall	12.86
14	Carter Anderson	12	South Ridge	12.88
15	Gavin Anderson	11	Barnum	12.90
16	Connor Barden	9	Mcgregor	12.96
17	Ayden Althaus	11	Silver Bay	12.99
18	Julian Beckstrand	9	Barnum	13.02
19	Braham Jordan	7	Cromwell-Wright	13.41
20	Will Arnold	11	Mcgregor	13.42
21	Steven Supocci	12	South Ridge	13.46
22	Max Hanni	11	Cromwell-Wright	13.77
23	Josh Cruz	12	Two Harbors	13.88
24	Kale Hackensmith	9	Silver Bay	14.06

25 Jett Blanchard 7 Cromwell-Wright 14.65
26 Alex Gillette 9 Carlton-Wrenshall 15.12
27 Logan Steuerwald 9 Mcgregor 16.58
-- Cash Williams 11 Silver Bay SCR
-- Marcus Israelson 7 South Ridge SCR
-- Hartley Pearson 7 Carlton-Wrenshall SCR

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 Delaney Nelson 9 Two Harbors 13.51
2 Kaitlyn McConnell 10 Esko 13.66
3 Tanja Thomas 11 Silver Bay 13.84
4 Ava Menten 7 Moose Lake/Willow River 14.09
5 India Johnson 11 Moose Lake/Willow River 14.48
6 Sophie Johnson 11 South Ridge 14.50
7 Izzy Nelson 8 Mcgregor 14.56
8 Gabby Loucks 7 Carlton-Wrenshall 14.61
9 Brayley Merrier 8 Esko 14.77
10 Gwen Fagerland 10 Two Harbors 14.90
11 Mira Kilby 9 Carlton-Wrenshall 15.13
12 Brianna Monson 8 Cook County 15.23
13 Amber Sopocho 10 South Ridge 15.45
14 Lucy Skifstad 8 Esko 15.52
15 Annabelle Silence 9 Cook County 15.56
16 Alivia Menten 11 Moose Lake/Willow River 15.57
17 Katelyn Brown 9 Barnum 15.61
18 Ashlynn Thompson 7 Cromwell-Wright 15.81
19 Alexis Plummer 9 Cook County 16.03
20 Sabrina Russell 12 Silver Bay 16.10
21 Riley Harvey 10 Carlton-Wrenshall 16.37
22 Sophie Betzler 9 Silver Bay 16.40
23 Joanna Schiller 7 Cromwell-Wright 16.59
24 Rose Dilly 8 Cromwell-Wright 17.58
25 Bella Hennager 7 South Ridge 17.65
-- Chloe Johnson 9 Two Harbors SCR

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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-- MaCoy Fairbanks 8 Cook County 23.00
-- Talon DeBoer 8 Cook County 25.5
-- Finn Taylor 10 Cook County 25.5
1 Tate Nelson 10 Two Harbors 23.43
2 Spencer Hipp 11 Esko 24.00
3 Cam Nelson 12 Two Harbors 24.42
4 Liam Schoenberg 12 Cromwell-Wright 24.53
5 Chase Clausen 10 Moose Lake/Willow River 24.81
6 Dalton Spindler 11 Esko 24.93
7 Caden Sheff 11 Barnum 24.93
8 Jaxsyn Schmidt 11 Moose Lake/Willow River 25.01
9 Gino Bertogliat 11 Esko 25.57
10 Will Arnold 11 Mcgregor 26.14
11 Carter Anderson 12 South Ridge 26.30

- 12 Kaleb Berka 10 Cook County 26.72
- 13 Brandon Dickey 11 Cromwell-Wright 26.74
- 14 Leif Windoffer 11 Moose Lake/Willow River 27.13
- 15 Kyson Landwehr 9 Barnum 27.25
- 16 Braham Jordan 7 Cromwell-Wright 27.29
- 17 Nick Swartz 9 Silver Bay 27.66
- 18 Finnley Taylor 10 Cook County 27.74
- 19 Jordan Bird 11 Barnum 27.76
- 20 Kale Hackensmith 9 Silver Bay 29.30
- 21 Eddie Larson 9 Cook County 29.38
- 22 Thomas Carlson - Carlton-Wrenshall 30.62
- 23 Logan Steuerwald 9 Mcgregor 32.51
- 24 Alexander Wang 10 Carlton-Wrenshall 35.95
- 25 Landan Ruotsalainen 11 South Ridge 37.12
- 25 Landan Ruotsalainen 11 South Ridge 37.12
- Dustin Grangruth 10 South Ridge SCR
- Karl Tuttle 9 Carlton-Wrenshall SCR
- Cash Williams 11 Silver Bay SCR
- Colton Linden 8 Two Harbors SCR

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Tyler Orvedahl 8 Moose Lake/Willow River 27.59
- 2 Emma Warner 11 Mcgregor 27.69
- 3 Jenna Marxhausen 12 Two Harbors 28.00
- 4 Karly Holm 12 Two Harbors 28.36
- 5 Tanja Thomas 11 Silver Bay 28.50
- 6 Jocelyn Mundell 11 Moose Lake/Willow River 29.23
- 7 Sophia Frank 9 Barnum 29.30
- 8 Natalie Tokvam 8 Two Harbors 29.96
- 9 Liberty Clifford 10 Esko 30.04
- 10 Hadley Carlson 7 Carlton-Wrenshall 30.26
- 11 Amber Sopochi 10 South Ridge 31.78
- 12 Chloe Kanirie 12 Carlton-Wrenshall 32.27
- 13 Madeline Hipp 8 Esko 32.39
- 14 Alexis Plummer 9 Cook County 33.01
- 15 MJ Wharton 9 Cook County 34.25
- 16 Hope Schmitz 10 Esko 34.30
- 17 Brielle Lindgren 9 South Ridge 34.46
- 18 Betsy Cid 8 Carlton-Wrenshall 34.80
- 19 Stella LaPointe 8 Silver Bay 35.26
- 20 Grace Swartz 7 Silver Bay 35.88
- Sophie Johnson 11 South Ridge SCR
- Siiena Anderson 10 Cromwell-Wright SCR
- Shannon Lund 8 Cromwell-Wright SCR
- Katelyn Brown 9 Barnum DQ
- Alivia Menten 11 Moose Lake/Willow River SCR
- Brianna Monson 8 Cook County SCR
- Sophia Sheehan 8 Cook County 31.1
- Annabelle Silence 9 Cook County 32.2
- Siena Woerheide 11 Cook County 32.4
- Zoe Kacures 9 Cook County 34.7

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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1 Roma Jacques 12 Cromwell-Wright 51.38
2 Noah Foster 12 Cromwell-Wright 51.84
3 Wesley Ward 12 Carlton-Wrenshall 54.84
4 Jaxsyn Schmidt 11 Moose Lake/Willow River 55.46
5 Jacob Randa 11 Esko 55.55
6 Ayden Althaus 11 Silver Bay 55.92
7 Jarek Casperson 10 Cromwell-Wright 57.34
8 Talon DeBoer 8 Cook County 57.45
9 Trevor Robinson 11 Esko 57.85
10 Ben Rex 12 Cook County 58.26
11 Gino Bertogliat 11 Esko 58.29
12 Gavin Thiry 12 Barnum 60.35
13 Matt Joki 10 South Ridge 61.79
14 Isaac Gassert 9 Moose Lake/Willow River 62.36
15 Dustin Grangruth 10 South Ridge 63.79
16 Alejandro Rivera 9 Two Harbors 65.09
17 Solomon Cloutier 10 Barnum 65.37
18 Karl Tuttle 9 Carlton-Wrenshall 67.63
19 Aleksander Shefchik 9 Barnum 68.03
20 Cordell Paulson 11 South Ridge 70.99
21 Garrett Plummer 7 Cook County 74.56
-- Gavin Gibson 10 Carlton-Wrenshall SCR
-- Matthew Shaw 8 Carlton-Wrenshall SCR
-- Rylan Brown 10 Cook County 1:01.00
-- Finnley Taylor 10 Cook County 1:04.00
-- Eddie Larson 9 Cook County 1:07.00
-- Gus Hahn 12 Cook County 1:09.00

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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1 Trinity Giddings 10 Two Harbors 58.84
2 Delaney Nelson 9 Two Harbors 62.98
3 Siiena Anderson 10 Cromwell-Wright 63.08
4 Paige Dean 10 Mcgregor 64.66
5 Valerie Melander 9 Silver Bay 65.47
6 Kaitlyn Andrews 9 Moose Lake/Willow River 66.28
7 Madison Ellefson 10 South Ridge 67.94
8 Alexis Plummer 9 Cook County 70.06
9 Ella Peterson 9 Two Harbors 70.24
10 Madeline Hipp 8 Esko 70.75
11 Eilee Straub 8 Esko 71.13
12 Raegan Grayson 10 Esko 74.38
13 Nadia Tessier 9 Carlton-Wrenshall 75.60
14 MJ Wharton 9 Cook County 76.26
15 Raegan Larson 9 Moose Lake/Willow River 76.99
16 Vera Brown 7 Carlton-Wrenshall 78.66
17 Amy Schwoch 10 Carlton-Wrenshall 1:21.07
-- Remington Olesiak 8 Cromwell-Wright SCR
-- Grace Henneger 9 South Ridge SCR
-- Izzy Baasi 12 South Ridge SCR
-- Grace Blomberg 10 Cook County SCR

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Ian Thorpe 12 Two Harbors 2:05.22
- 2 Dylan Nyberg 10 Cromwell-Wright 2:08.95
- 3 Darian Morgart 12 Mcgregor 2:12.60
- 4 Eli Youngs 10 Moose Lake/Willow River 2:12.73
- 5 Alec Halvorson 10 Esko 2:13.19
- 6 Cyrus Myers 12 Two Harbors 2:14.27
- 7 Parker Jackson 12 Mcgregor 2:15.86
- 8 Elijah Smith 10 Two Harbors 2:19.82
- 9 Braydon McKibbon 10 Esko 2:20.62
- 10 Max Sampson 11 Mcgregor 2:21.13
- 11 Brayden Schmidt 11 Cook County 2:22.97
- 12 Isaac Stadin 9 Moose Lake/Willow River 2:25.49
- 13 Aiden Larson 12 Moose Lake/Willow River 2:28.35
- 14 Gavin Gibson 10 Carlton-Wrenshall 2:30.52
- 15 Owen Erickson 12 South Ridge 2:33.74
- 16 Isaac Coon 8 South Ridge 2:42.71
- 17 Jeremiah Countryman 10 Barnum 2:44.18
- 18 Blake Granholm 7 Cromwell-Wright 2:45.86
- 19 Weston Hanni 8 Cromwell-Wright 2:45.93
- 20 Sidney Litterst 8 Cook County 2:55.36
- General Higgins 8 Cook County SCR
- Tobin Swimely 11 Barnum SCR
- Luke Price. 8 South Ridge SCR
- Kean Selin 12 Cook County 2:20.00
- Brayden Schmidt 11 Cook County 2:23.00
- Tristan Surbaugh 12 Cook County 2:24.00
- Grant Oberg 8 Cook County 2:26.00

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Sophia Blanck 10 Silver Bay 2:20.73
- 2 Grace Swanson 12 Two Harbors 2:30.32
- 3 Ceilia Prenier 10 Esko 2:38.24
- 4 Amelia Olson 10 Moose Lake/Willow River 2:39.87
- 5 Ruth Sandstrom 10 Carlton-Wrenshall 2:41.76
- 6 Lexi Surbaugh 10 Cook County 2:41.99
- 7 Scarlett Vanderschuren 11 South Ridge 2:42.65
- 7 Scarlett Vanderschuren 11 South Ridge 2:42.65
- 8 Ryleigh Thorpe 7 Two Harbors 2:43.39
- 9 Katie Heikkila 9 Mcgregor 2:45.61
- 10 Olivia Jutila 10 Moose Lake/Willow River 2:49.09
- 11 Macy Hanson 10 Esko 2:51.57
- 12 Ava McKibbon 8 Esko 2:52.00
- 13 Nia Petry 8 Moose Lake/Willow River 2:52.53
- 14 Abby Cid 12 Carlton-Wrenshall 2:55.28
- 15 Vivian Barden 10 Mcgregor 3:02.25
- 16 Ella Heaton 11 Barnum 3:04.25
- 17 Sophia Lindstrom 8 Cook County 3:10.53
- 18 Tegan Fordahl 9 South Ridge 3:10.73

19 violet Vanderscheuren 9 South Ridge 3:11.43
19 violet Vanderscheuren 9 South Ridge 3:11.43
20 Kaitlyn Warner 9 Mcgregor 3:12.47
21 Amy Schwoch 10 Carlton-Wrenshall 3:23.25
22 Abigail Vargo 9 Barnum 3:26.78
23 May Hall 12 Two Harbors 4:30.77
-- Lexi Surbaugh 10 Cook County 2:47.00
-- Anni Dix 8 Cook County 3:02.00
-- Sophia Lindstrom 8 Cook County 3:08.00
-- MJ Wharton 9 Cook County 3:30.00

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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1 Noah Foster 12 Cromwell-Wright 4:23.47
2 Jack Riley 11 Carlton-Wrenshall 4:46.00
3 Parker Jackson 12 Mcgregor 4:51.61
4 Elliott Wasche 10 Moose Lake/Willow River 4:55.43
5 Benjamin Meysembourg 12 Esko 5:00.20
6 Darian Morgart 12 Mcgregor 5:01.37
7 Tyler Morse 10 South Ridge 5:01.57
8 Eli Berger 8 Barnum 5:02.52
9 Tristan Surbaugh 12 Cook County 5:07.45
10 Nick Swartz 9 Silver Bay 5:10.62
11 Max Sampson 11 Mcgregor 5:11.89
12 Michael Schiller 10 Cromwell-Wright 5:18.33
13 David Tuttle 10 Carlton-Wrenshall 5:18.54
14 Max Petry 10 Moose Lake/Willow River 5:23.97
15 Lincoln Antikainen 9 South Ridge 5:29.82
16 Andrew Olesen 11 Carlton-Wrenshall 5:31.38
17 Quinn FierkeLepp 11 South Ridge 5:37.50
18 Joel Barta 11 Esko 5:38.06
19 AJ Mattson 11 Two Harbors 5:39.09
20 Luke Johnson 12 Two Harbors 5:39.16
21 Ethan Gamache 10 Esko 5:40.83
22 Alex Stone 10 Two Harbors 5:42.65
23 Blake Granholm 7 Cromwell-Wright 5:46.37
24 Haddon Taylor 12 Cook County 5:46.66
25 Jeremiah Countryman 10 Barnum 5:50.51
26 Willard Wasche 7 Moose Lake/Willow River 5:55.81
-- Tobin Swimely 11 Barnum SCR
-- Kean Selin 12 Cook County SCR

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Lamar Gordon 12 Two Harbors 5:30.33
2 Sierra Geatz 8 Silver Bay 5:44.51
3 Emaleigh Olesiak 11 Cromwell-Wright 5:57.08
4 Amelia Olson 10 Moose Lake/Willow River 5:58.13
5 Isabel Riley 9 Carlton-Wrenshall 5:58.27
6 Tatum Barto 9 South Ridge 6:00.75
7 Sara Cid 10 Carlton-Wrenshall 6:08.00
8 Shannon Granquist 11 Moose Lake/Willow River 6:12.86

9 Aubrey Pearce 8 Esko 6:21.19
10 Lizzy Wells 10 Esko 6:21.20
11 Elle Nielsen 11 Moose Lake/Willow River 6:23.96
12 Hiver Moody 7 Cook County 6:41.32
13 Brook Smith 9 South Ridge 6:43.90
14 Ella Heaton 11 Barnum 6:46.42
15 Elizabeth Swartz 7 Silver Bay 6:53.97
16 Anni Dix 8 Cook County 7:04.34
17 Abigail Vargo 9 Barnum 7:07.81
18 Olivia Hendren 12 Two Harbors 7:08.23
-- Eve Peterson 10 Esko SCR
-- Ava Oswald-Swenson 10 Two Harbors SCR
-- Lila Dalen 7 Carlton-Wrenshall SCR

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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1 Jack Riley 11 Carlton-Wrenshall 10:30.94
2 Alex Burckhardt 10 South Ridge 10:35.48
3 Sawyer FierkeLepp 10 South Ridge 10:43.61
4 Phoenix Anderson 9 Cromwell-Wright 10:47.95
5 Elliott Wasche 10 Moose Lake/Willow River 11:16.34
6 Jorge Gatica 8 Cromwell-Wright 11:43.43
7 Anders Erickson 7 Carlton-Wrenshall 11:52.86
8 Chance Jacobsen 7 Cook County 11:54.87
9 Adam Oberg 8 Cook County 12:25.79
10 AJ Mattson 11 Two Harbors 12:28.12
11 Ethan Gamache 10 Esko 12:30.10
12 Weston Hanni 8 Cromwell-Wright 12:42.76
13 David Cornell 9 Esko 13:20.25
14 Eero Moody 8 Cook County 13:28.85
-- Mason Eng 9 Esko SCR
-- Tyler Morse 10 South Ridge SCR

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Jocelyn Carr 11 Two Harbors 13:09.48
2 Brooklyn Wasche 9 Moose Lake/Willow River 13:18.50
3 Danica Wyman 8 Moose Lake/Willow River 14:20.83
4 Signe Myers 10 Two Harbors 14:43.04
5 Brook Smith 9 South Ridge 15:02.15
-- Addison Burckhardt 10 South Ridge SCR
-- Dani Mattson 10 Two Harbors SCR

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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1 Gwendolyn Lilly 11 Esko 17.46
2 Amaya Grinde 11 Two Harbors 18.15
3 Megan Chopskie 12 Esko 18.32
4 Harley Spano-Shively 12 Mcgregor 19.46
5 Ava Jenne 8 Carlton-Wrenshall 19.97

6 Juleauna Johnson 8 Carlton-Wrenshall 20.10
7 Brooklyn Nelson 9 Two Harbors 20.46
8 Grace McIlvain 10 Esko 20.57
9 Rachel Bopp 10 Two Harbors 20.91
10 Teagen Tessier 8 Carlton-Wrenshall 20.95
11 Macie Lind 11 Cromwell-Wright 20.99
12 Isabella Nyberg 8 Cromwell-Wright 21.35
13 Kaitlyn Bartz 9 Barnum 21.82
-- Aili Lund 10 Barnum SCR

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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1 Carter Zezulka 12 Esko 17.49
2 Spencer Strohm 10 Barnum 17.81
3 Keenan Head 10 Barnum 19.41
4 Hayden Charboneau 11 Barnum 19.73
5 Carter Nelson 9 Two Harbors 19.80
6 Tanner Collman 11 Cromwell-Wright 20.22
7 Lucas Chesbrough 9 Moose Lake/Willow River 20.42
8 Stefan Ciuca 12 Esko 21.11
9 Eric Ellingson 10 Moose Lake/Willow River 23.10
10 Nicky Dickey 9 Cromwell-Wright 23.16
-- Will Fransen 9 Two Harbors SCR

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Tommy DeChantal 9 Two Harbors 44.71
2 Keenan Head 10 Barnum 45.50
3 Hayden Charboneau 11 Barnum 46.74
4 Tanner Collman 11 Cromwell-Wright 46.80
5 Ryan Sturm 11 Esko 47.73
6 Spencer Strohm 10 Barnum 47.98
7 Micah Thompson 9 Moose Lake/Willow River 48.02
8 Jack Graddy 10 Esko 50.18
9 Stefan Ciuca 12 Esko 51.35
10 Gus Hahn 12 Cook County 53.80
11 Eric Ellingson 10 Moose Lake/Willow River 57.95
12 Kale Hackensmith 9 Silver Bay 59.00
13 Domanic Warnecke 9 Two Harbors 59.30
14 Rylyn Cooper 9 South Ridge 62.88
-- Will Fransen 9 Two Harbors SCR
-- Parker Samarzia 9 Moose Lake/Willow River SCR

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Amaya Grinde 11 Two Harbors 52.45
2 Megan Chopskie 12 Esko 53.30
3 Brecklyn Shovein 8 Esko 55.09
4 Aili Lund 10 Barnum 55.69
5 Isabella Nyberg 8 Cromwell-Wright 56.33

6 Macie Lind 11 Cromwell-Wright 56.51
7 Ruby Shea 8 Two Harbors 58.35
8 Teagen Tessier 8 Carlton-Wrenshall 58.41
9 Harley Spano-Shively 12 Mcgregor 58.80
10 Sara Cid 10 Carlton-Wrenshall 60.23
11 Grace McIlvain 10 Esko 61.78
12 Leah Belmore 8 Cook County 74.27
-- Brianna Monson 8 Cook County SCR
-- Tiffany Meade 11 Carlton-Wrenshall SCR

Varsity Boys 4x100m Relay Finals

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Team Time

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1 Moose Lake/Willow River 45.85
2 Esko 45.96
3 Two Harbors 46.06
4 Barnum 47.35
5 Cook County 49.97
6 Cromwell-Wright 53.46
7 Carlton-Wrenshall 53.71
8 South Ridge 53.86
9 Silver Bay 59.45

Varsity Girls 4x100m Relay Finals

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Team Time

=====
1 Esko 52.91
2 Moose Lake/Willow River 54.00
3 Carlton-Wrenshall 55.87
4 Mcgregor 56.22
5 Two Harbors 56.83
6 Barnum 57.31
7 Silver Bay 62.05
8 Cook County 62.65
9 South Ridge 66.33
10 Cromwell-Wright 73.63

Varsity Boys 4x200m Relay Finals

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Team Time

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1 Barnum 1:40.41
2 Moose Lake/Willow River 1:41.64
3 Cook County 1:41.98
4 South Ridge 1:44.15
5 Cromwell-Wright 1:44.39
6 Esko 1:52.48
7 Two Harbors 1:55.66
8 Carlton-Wrenshall 1:55.72
9 Silver Bay 2:01.25

Varsity Girls 4x200m Relay Finals

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Team Time

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- 1 Two Harbors 1:46.20
 - 2 Moose Lake/Willow River 1:50.84
 - 3 Mcgregor 1:53.12
 - 4 Esko 1:58.30
 - 5 Carlton-Wrenshall 1:59.19
 - 6 Barnum 2:03.75
 - 7 Cromwell-Wright 2:03.86
 - 8 Cook County 2:11.70
 - 9 Silver Bay 2:14.16
 - 10 South Ridge 2:17.39

Varsity Boys 4x400m Relay Finals

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Team Time

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- 1 Cromwell-Wright 3:29.27
- 2 Esko 3:41.37
- 3 Carlton-Wrenshall 3:51.53
- 4 Moose Lake/Willow River 3:54.01
- 5 Mcgregor 3:54.43
- 6 Barnum 3:54.75
- 7 South Ridge 4:09.23
- 8 Cook County 4:22.46

Varsity Girls 4x400m Relay Finals

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Team Time

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- 1 Two Harbors 4:10.48
- 2 Mcgregor 4:24.55
- 3 Silver Bay 4:26.62
- 4 Esko 4:32.23
- 5 Cromwell-Wright 4:37.02
- 6 Moose Lake/Willow River 4:38.86
- 7 Carlton-Wrenshall 4:54.63
- South Ridge SCR

Varsity Boys 4x800m Relay Finals

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Team Time

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- 1 Esko 8:49.45
- 2 Two Harbors 8:53.21
- 3 Cromwell-Wright 9:15.32
- 4 Carlton-Wrenshall 9:23.06
- 5 Moose Lake/Willow River 9:35.35
- 6 Cook County 9:37.88
- 7 Barnum 9:44.74
- 8 South Ridge 11:19.21

Varsity Girls 4x800m Relay Finals

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Team Time

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- 1 Two Harbors 10:25.11

- 2 South Ridge 10:50.15
- 3 Carlton-Wrenshall 11:14.82
- 4 Mcgregor 11:31.96
- 5 Esko 11:33.06
- 6 Cook County 12:31.57

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark

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- 1 Wyatt Hudspith 12 Esko 47-07.00
- 2 JP Mesojedec 12 Moose Lake/Willow River 40-09.50
- 3 Braedyn Male 11 Esko 38-06.00
- 4 Tyler Mills 11 Carlton-Wrenshall 38-06.00
- 5 Trenten Meeks 11 Silver Bay 38-03.00
- 6 Aiden Scoggin 11 Two Harbors 37-00.00
- 7 Matthew Bohnsack 9 Moose Lake/Willow River 35-08.75
- 8 Calvin Battees 11 Cook County 35-04.00
- 9 Peter Jonson 11 Two Harbors 34-07.00
- 10 Will Arnold 11 Mcgregor 33-08.25
- 11 Chase Pierce 10 Two Harbors 32-08.00
- 12 Connor Barden 9 Mcgregor 31-10.50
- 13 Luke Danelski 12 Moose Lake/Willow River 31-07.25
- 14 Arlo Christensen 11 Cook County 31-05.75
- 15 Wyatt Goranson 11 Cromwell-Wright 31-04.75
- 16 John Schiller 11 Cromwell-Wright 29-09.75
- 17 Niko Battees 8 Cook County 29-00.00
- 18 Jack Irving 10 Cromwell-Wright 28-07.00
- 18 Matthew Shaw 8 Carlton-Wrenshall 28-07.00
- 20 Dain Thompson 8 Silver Bay 27-10.00
- 21 Evan Rengo 10 Esko 27-08.75
- 22 Ashton Kaivola 10 South Ridge 26-09.25
- 23 Isaiah Arvola 10 South Ridge 26-08.00
- 24 Andrew Goodwin 10 Barnum 26-06.75
- 25 South Ridge 23-05.00
- 25 South Ridge 23-05.00
- Mark Hall 11 Barnum SCR
- Jacob Liimatainen 11 Barnum SCR
- Kaden Thronson 10 South Ridge SCR

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark

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- 1 Annaka Bogenholm 11 Barnum 34-09.00
- 2 Maya Johnson 8 Esko 33-08.75
- 3 Julia Peterson 10 Carlton-Wrenshall 30-08.25
- 4 Kari Rice 12 Mcgregor 29-00.00
- 5 Reese Kuklinski 10 Esko 28-00.25
- 6 Mya Gronner 11 Cromwell-Wright 27-03.25
- 7 Malea Jerry 11 Moose Lake/Willow River 26-08.00
- 8 Brynn von Goertz 7 Two Harbors 25-03.50
- 9 Sarah Somerville 12 South Ridge 24-07.00
- 9 kiara Ridge 10 South Ridge 24-07.00
- 11 Zoe Kacures 9 Cook County 24-05.00
- 12 Emily Bernard 11 South Ridge 23-09.00

- 13 Brooklyn Nelson 9 Two Harbors 23-08.00
- 14 Emma Peterson 12 Carlton-Wrenshall 22-11.75
- 15 Christina Kaiser 9 Silver Bay 22-06.25
- 16 Meghan Johnson 12 Esko 22-04.25
- 17 Jessica Goble 8 Moose Lake/Willow River 21-11.00
- 18 Abigael Burk 10 Mcgregor 20-03.75
- 19 Joni Geirsdorf-Thompson 8 Moose Lake/Willow River 19-05.00
- 20 Sabrina Zoeller 8 Cromwell-Wright 19-02.50
- 21 Hailey Radle 12 Two Harbors 18-04.25
- 22 Kjersti Hansen 8 Silver Bay 17-07.75
- 23 Jennifer Saari 7 Carlton-Wrenshall 17-05.25
- 24 Joanna Schiller 7 Cromwell-Wright 16-08.75
- Grace Blomberg 10 Cook County SCR

Varsity Boys Discus Finals

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Athlete Yr Team Mark

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- 1 Wyatt Hudspith 12 Esko 154-03
- 2 Mark Hall 11 Barnum 130-10
- 3 Tom Lampela 10 Two Harbors 123-09
- 4 JP Mesojedec 12 Moose Lake/Willow River 121-03
- 5 Luke Danelski 12 Moose Lake/Willow River 113-10
- 6 Arlo Christensen 11 Cook County 108-08
- 7 Lucas Chesbrough 9 Moose Lake/Willow River 103-11
- 8 Wyatt Goranson 11 Cromwell-Wright 101-01
- 9 Kaden Thronson 10 South Ridge 96-02
- 10 John Schiller 11 Cromwell-Wright 94-08
- 11 Aiden Scoggin 11 Two Harbors 93-08
- 12 Tyler Mills 11 Carlton-Wrenshall 93-00
- 13 Connor Barden 9 Mcgregor 88-11
- 14 Isaiah Arvola 10 South Ridge 88-04
- 15 Ben Rex 12 Cook County 84-09
- 16 Calvin Battees 11 Cook County 83-11
- 17 Ashton Kaivola 10 South Ridge 81-04
- 18 Trenten Meeks 11 Silver Bay 79-11
- 19 Chase Pierce 10 Two Harbors 74-11
- 20 Dain Thompson 8 Silver Bay 72-02
- 21 Max Hanni 11 Cromwell-Wright 70-11
- 22 Andrew Goodwin 10 Barnum 68-01
- 23 Matthew Shaw 8 Carlton-Wrenshall 66-09
- 24 Alexander Wang 10 Carlton-Wrenshall 46-11
- Brock Hurst 9 Barnum SCR
- Evan Rengo 10 Esko SCR

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Julia Peterson 10 Carlton-Wrenshall 112-00
- 2 Annaka Bogenholm 11 Barnum 107-00
- 3 Kari Rice 12 Mcgregor 100-09
- 4 Maya Johnson 8 Esko 97-03
- 5 Malea Jerry 11 Moose Lake/Willow River 85-06
- 6 Sage Hennen 9 South Ridge 84-10
- 7 Meghan Johnson 12 Esko 72-06

8 Brynn von Goertz 7 Two Harbors 71-04
9 Kiara Ridge 10 South Ridge 69-10
10 Kyra Johnson 11 Esko 67-05
11 Emma Peterson 12 Carlton-Wrenshall 66-02
12 Christina Kaiser 9 Silver Bay 65-06
13 Emily Bernard 11 South Ridge 65-03
14 Vera Brown 7 Carlton-Wrenshall 60-00
15 Sabrina Zoeller 8 Cromwell-Wright 59-04
16 Abigael Burk 10 Mcgregor 56-08
17 Zoe Kacures 9 Cook County 55-05
18 Kjersti Hansen 8 Silver Bay 54-03
19 Louise De Rooij 11 Moose Lake/Willow River 50-04
20 Rose Dilly 8 Cromwell-Wright 48-09
21 Joni Geirsdorf-Thompson 8 Moose Lake/Willow River 45-03
22 Ashlynn Thompson 7 Cromwell-Wright 43-02
23 Hailey Radle 12 Two Harbors 41-06
-- Grace Blomberg 10 Cook County SCR

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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1 Braedyn Male 11 Esko 6-00.00
2 Spencer Strohm 10 Barnum 5-08.00
3 Carter Zezulka 12 Esko 5-06.00
4 Lucas Chesbrough 9 Moose Lake/Willow River 5-02.00
5 Tommy DeChantal 9 Two Harbors 5-00.00
6 Connor Beise 7 Moose Lake/Willow River 4-10.00
7 Evan Guenther 8 Moose Lake/Willow River 4-08.00
-- Dalton Spindler 11 Esko SCR
-- Brock Hurst 9 Barnum SCR

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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1 Kaitaia Klemetsen 11 South Ridge 4-10.00
2 Karly Holm 12 Two Harbors 4-08.00
3 Morgan Wigg 12 Moose Lake/Willow River 4-08.00
4 Kyra Johnson 11 Esko 4-06.00
5 Chiara Houser 10 Esko 4-06.00
5 Amaya Grinde 11 Two Harbors 4-06.00
7 Izzy Nelson 8 Mcgregor 4-04.00
7 Liberty Clifford 10 Esko 4-04.00
8 Violet Brekke 10 Mcgregor 4-02.00
9 Ava Jenne 8 Carlton-Wrenshall 4-02.00
11 Emma Henderson 10 Mcgregor 4-00.00
11 Rachel Bopp 10 Two Harbors 4-00.00
13 Jillian Sajdak 12 South Ridge 3-10.00
-- Elizabeth Swartz 7 Silver Bay SCR
-- Remington Olesiak 8 Cromwell-Wright SCR

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Jackson Thompson 12 Moose Lake/Willow River 12-00.00
- 2 Alec Halvorson 10 Esko 10-06.00
- 3 Spencer Hipp 11 Esko 10-06.00
- 4 Micah Thompson 9 Moose Lake/Willow River 10-00.00
- 5 Joel Barta 11 Esko 8-00.00
- 6 Eric Ellingson 10 Moose Lake/Willow River 7-00.00

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Aleah Lindgren 10 Esko 7-00.00
- 2 Alora Dammann 12 Esko 6-06.00
- 3 Lauren Radovich 10 Esko 6-00.00
- Olivia Jutila 10 Moose Lake/Willow River NH
- Brooklyn Wasche 9 Moose Lake/Willow River NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Tate Nelson 10 Two Harbors 21-00.00
- 2 Ryan Sturm 11 Esko 19-07.00
- 3 Dalton Spindler 11 Esko 19-05.00
- 4 Wesley Ward 12 Carlton-Wrenshall 19-05.00
- 5 Carlos Beckstrand 11 Barnum 19-00.00
- 6 Cam Nelson 12 Two Harbors 19-00.00
- 7 Jacion Owens 10 Esko 18-04.00
- 8 Tanner Collman 11 Cromwell-Wright 17-07.00
- 9 Jakob Mossberg 12 Moose Lake/Willow River 17-02.00
- 10 Lucas Chesbrough 9 Moose Lake/Willow River 16-04.00
- 11 Slayton Stroschein 12 South Ridge 16-01.00
- 12 Andrew Olesen 11 Carlton-Wrenshall 16-00.00
- 13 Gavin Reynolds 10 Barnum 15-09.00
- 14 Keenan Head 10 Barnum 15-03.00
- 15 Eddie Larson 9 Cook County 14-09.00
- 15 Rylan Brown 10 Cook County 14-09.00
- 17 Grant Oberg 8 Cook County 14-00.00
- 18 Braham Jordan 7 Cromwell-Wright 13-03.00
- 19 Isaiah Smith 7 Silver Bay 12-07.00
- 20 Dustin Grangruth 10 South Ridge 12-03.00
- 21 Rylyn Cooper 9 South Ridge 11-04.00
- Will Fransen 9 Two Harbors SCR
- Myles Pearson 9 Carlton-Wrenshall SCR
- Layne Radzak 9 Moose Lake/Willow River SCR
- Jett Blanchard 7 Cromwell-Wright SCR

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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- 1 Trinity Giddings 10 Two Harbors 16-09.00
- 2 Kaitlyn McConnell 10 Esko 16-00.00
- 3 Morgan Wigg 12 Moose Lake/Willow River 15-09.00
- 4 Delaney Nelson 9 Two Harbors 15-06.00
- 5 Evelyn Johnson 11 Moose Lake/Willow River 13-10.00

6 Gabby Loucks 7 Carlton-Wrenshall 13-08.00
7 Holly Chesbrough 11 Moose Lake/Willow River 13-02.00
8 Sophia Frank 9 Barnum 12-11.00
9 Nadia Tessier 9 Carlton-Wrenshall 12-08.00
10 Katelyn Brown 9 Barnum 12-03.00
10 Kenna Ridge 12 South Ridge 12-03.00
12 Eilee Straub 8 Esko 12-01.00
13 Madeline Hipp 8 Esko 11-11.00
14 Grace Grover 9 Barnum 11-08.00
15 Molly Sheda 9 Carlton-Wrenshall 11-05.00
16 Grace Swartz 7 Silver Bay 9-06.00
17 Elizabeth Swartz 7 Silver Bay 7-05.00
-- Siiena Anderson 10 Cromwell-Wright SCR
-- Shannon Lund 8 Cromwell-Wright SCR

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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1 Jacion Owens 10 Esko 38-00.25
2 Dalton Spindler 11 Esko 37-08.00
3 Phoenix Anderson 9 Cromwell-Wright 37-05.25
4 Gavin Thiry 12 Barnum 35-09.50
5 Micah Thompson 9 Moose Lake/Willow River 35-09.25
6 Chase Pierce 10 Two Harbors 35-05.00
7 Evan Guenther 8 Moose Lake/Willow River 35-01.50
8 Wyatt Goranson 11 Cromwell-Wright 34-00.25
9 Elijah Smith 10 Two Harbors 33-04.00
10 Kyson Landwehr 9 Barnum 33-03.50
11 Rylan Brown 10 Cook County 32-10.50
12 Kaleb Berka 10 Cook County 32-05.00
13 Eli Berger 8 Barnum 32-04.75
14 Connor Barden 9 Mcgregor 32-00.50
15 Karl Tuttle 9 Carlton-Wrenshall 31-02.00
16 Jack Irving 10 Cromwell-Wright 30-11.00
17 Rylyn Cooper 9 South Ridge 25-09.75
-- Parker Samarzia 9 Moose Lake/Willow River SCR

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

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1 Karly Holm 12 Two Harbors 33-00.00
2 Kaitlyn McConnell 10 Esko 32-00.00
3 Macie Lind 11 Cromwell-Wright 29-08.25
4 Kyra Johnson 11 Esko 29-08.25
5 Holly Chesbrough 11 Moose Lake/Willow River 29-07.25
6 Brooklyn Nelson 9 Two Harbors 29-05.75
7 Evelyn Johnson 11 Moose Lake/Willow River 28-10.50
8 Ella Heaton 11 Barnum 28-02.50
9 Kenna Ridge 12 South Ridge 28-01.50
10 Nadia Tessier 9 Carlton-Wrenshall 27-01.00
11 Isabella Nyberg 8 Cromwell-Wright 26-06.50
12 Chiara Houser 10 Esko 26-03.75
13 Juleauna Johnson 8 Carlton-Wrenshall 26-02.50
14 Mya Gronner 11 Cromwell-Wright 25-07.25

15 Aili Lund 10 Barnum 24-08.25